1. Crops: Growing Problems
How are crops grown industrially?

2. Animals: Field to Factory
How are meat, milk, and eggs produced industrially?

3. Seafood: Wild and Farmed
Where does our seafood come from?

4. The Hands That Feed Us
Who harvests, processes, serves, and sells our food?

5. Our Changing Climate
How is agriculture connected to climate change?

6. Turning Toward Sustainability
How are some people making their farms more sustainable?

7. Our Food’s Journey
Why is food transported over long distances?

8. Keeping Our Food Safe
Where is our food supply at risk of contamination?

9. Processing: Farm to Factory
Why and how are foods processed?

10. Decoding Food Labels
How can we interpret the information on food packages?

11. Marketing: Under the Influence
How do food companies market their products?

12. Why We Eat What We Eat
What factors influence our food choices?

13. Our Wasted Food
How much food do we waste and why does it matter?

14. The Hunger Gap
How do hunger and food insecurity affect people?

15. Food Policy in Action
What is the role of government in the food system?